

“Dissemination of Education for Knowledge, Science and Culture”

-Shikshan Maharshi Dr.Bapuji Salunkhe

Shri Swami Vivekannad Sikshan Sansth's

Dattajirao Kadam Arts, Science and Commerce College, Ichalkaranji

**DEPARTMENT OF BOTANY**

---

**Botanical Name:** *Chamaecostus cuspidatus* (Nees & Mart.) C. Specht & D. W. Stev

**Family:** Costaceae.

**Common Name:** Insulin plant, Costus, spiral flag

**General Characters:**

- Leafy shoots 1.5-2.5 m tall.
- Leaves spirally arranged on the stem.
- Leaves are light green in color.
- *Costus* is spreading plant reaching about two feet tall.
- *Costus* are bitter in taste with strong aromatic odor.
- *Costus* roots contains chemicals that might kill parasite.
- *Costus* slow down activity in the intestines.

