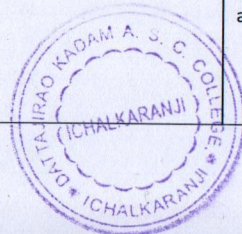Dattajirao Arts, science, commerce college ,Ichalkaranji, Kolhapur.

Department of Psychology   B.A. 1
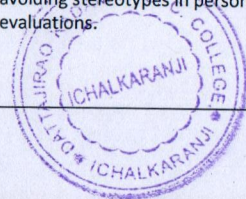
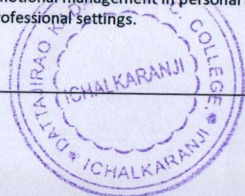| Sr.no	Name of the course	Title of paper	Sem	Name of the unit	Details of cross cutting issues			
					Gender Awareness	**Environment Awareness**	**Professional Ethics**	**Human Value**
1	B.A 1 (2018)	Psychology	1	1. Introduction to psychology	1. Sex differences in mental health: How psychological disorders affect men and women differently. 2. Gender roles and stereotypes: How societal expectations influence mental processes and behavior.	1. Environmental factors influencing mental health: How pollution, climate change, and urbanization impact well-being. 2. Conservation psychology: Understanding human behavior to promote sustainability and environmental conservation.	1. Informed consent: Ensuring participants understand research or treatment implications. 2. Confidentiality: Maintaining privacy and trust in therapeutic relationships.	1. Cultural sensitivity: Respecting diverse values and beliefs in psychological practice and research. 2. Social responsibility: Applying psychological knowledge to address social issues and promote well-being.
			1	2.Perceptual organization and sleep	1. Gender differences in sleep patterns: How sleep quality and duration vary between men and women. 2. Perceptual biases and gender stereotypes: How societal expectations influence perception and interpretation of information.	1. Environmental factors affecting sleep: How light, noise, and temperature impact sleep quality. 2. Sustainable habits and sleep: How environmentally conscious behaviors influence sleep patterns.	1. Informed consent in sleep research: Ensuring participants understand study implications and risks. 2. Confidentiality in sleep therapy: Maintaining patient privacy when addressing sleep disorders.	1. Valuing rest and relaxation: Recognizing the importance of sleep and leisure time for well-being. 2. Empathy and understanding in sleep disorders: Approaching sleep-related issues with compassion and support.
			1	3.Learning	1. Gender differences in learning styles: How men and women approach learning and processing information. 2. Stereotype threat and learning: How gender stereotypes impact performance and motivation.	1. Environmental factors influencing learning: How noise, lighting, and air quality affect learning outcomes. 2. Sustainable learning practices: How eco-friendly methods and materials impact learning environments.	1. Ethical considerations in learning assessments: Ensuring fair and unbiased evaluations. 2. Confidentiality in learning disabilities: Maintaining privacy when addressing learning challenges.	1. Valuing diversity in learning: Recognizing and embracing individual differences in learning approaches. 2. Empowerment through learning: Fostering autonomy, self-efficacy, and self-directed learning.
			1	4. Memory	1. Gender differences in memory: How men and women process and recall information differently. 2. Memory and trauma in gender-based violence: Understanding the impact of trauma on memory in survivors.	1. Environmental toxins and memory: How exposure to pollutants affects memory and cognitive function. 2. Nature and memory: Exploring the impact of natural environments on memory recall and formation.	1. Ethical considerations in memory research: Ensuring informed consent and confidentiality. 2. Memory manipulation and false memories: Addressing ethical concerns in memory therapy and research.	1. Memory and identity: Understanding the role of memory in shaping personal identity and values. 2. Cultural memory and heritage: Preserving collective memory and cultural heritage for future generations.

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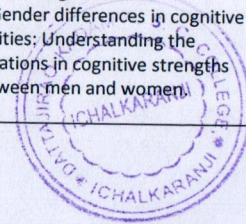| Sr.no	Name of the course	Title of paper	Sem	Name of the unit	Details of cross cutting issues			
					Gender Awareness	**Environment Awareness**	**Professional Ethics**	**Human Value**
1	**B.A 1 (2018)**	Psychology	2	1. Intelligence	1. Gender bias in intelligence testing: How tests may be biased towards masculine norms and disadvantage women. 2. Gender differences in cognitive abilities: Understanding the variations in cognitive strengths between men and women.	1. Environmental factors influencing intelligence: How access to education, nutrition, and healthcare impact cognitive development. 2. Sustainable intelligence: Exploring the relationship between environmental awareness and intelligent behavior.	1. Ethical considerations in intelligence assessment: Ensuring fair and unbiased testing practices. 2. Confidentiality and intelligence testing: Maintaining privacy when sharing test results.	1. Valuing diverse intelligences: Recognizing and appreciating different types of intelligence (e.g., emotional, creative). 2. Intelligence and social responsibility: Understanding the ethical implications of high intelligence and its application.
			2	2. Motivation	1. Gender differences in motivation: How men and women differ in their motivational drivers and goals. 2. Stereotype threat and motivation: How gender stereotypes impact motivation and performance in various domains.	1. Environmental factors influencing motivation: How surroundings, culture, and socio-economic status impact motivational levels. 2. Motivation for sustainability: Understanding what drives individuals to engage in environmentally friendly behaviors.	1. Ethical considerations in motivating clients: Ensuring autonomy and avoiding manipulation in therapeutic settings. 2. Motivation and informed consent: Ensuring clients understand motivations behind research or treatment.	1. Intrinsic vs. extrinsic motivation: Understanding the role of personal values and interests in driving motivation. 2. Motivation and well-being: Exploring how motivation impacts overall life satisfaction and happiness.
			2	3. Emotion	1. Gender differences in emotional expression: How societal expectations influence emotional display and experience. 2. Emotional labor and gender roles: Understanding how gender roles impact emotional management in personal and professional settings.	1. Environmental factors influencing emotional well-being: How natural and built environments impact emotional states. 2. Emotional connection to nature: Exploring the role of emotions in environmental conservation and sustainability.	1. Ethical considerations in emotional assessment: Ensuring culturally sensitive and unbiased emotional evaluations. 2. Emotional boundaries in therapeutic relationships: Maintaining professional boundaries while empathizing with clients.	1. Emotional intelligence and values: Understanding how emotional awareness and regulation reflect personal values. 2. Cultural values and emotional expression: Recognizing how cultural norms shape emotional experience and expression.
			2	4. personality	1. Gender differences in personality traits: How societal expectations influence personality development and expression. 2. Gender bias in personality assessments: Ensuring fairness and avoiding stereotypes in personality evaluations.	1. Environmental influences on personality: How upbringing, culture, and socio-economic status shape personality. 2. Personality and environmental behavior: Understanding how personality traits impact ecological awareness and sustainability.	1. Ethical considerations in personality assessment: Ensuring informed consent and confidentiality. 2. Personality testing and labeling: Avoiding misuses of personality assessments and respecting individual differences.	1. Personality and values development: Understanding how personality shapes and is shaped by personal values. 2. Cultural values and personality expression: Recognizing how cultural norms influence personality traits and expression.

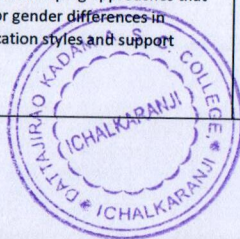|					Details of cross cutting issues			
Sr.no	Name of the course	Title of paper	Sem	Name of the unit	Gender Awareness	Environment Awareness	Professional Ethics	Human Value
1	B.A 1 (2020)	Psychology	1	Introduction to psychology	1. Gendered assumptions in psychological theories: Identifying and challenging gender biases in foundational psychological concepts. 2. Women's contributions to psychology: Recognizing and valuing the historical and contemporary contributions of women in the field.	1. Environmental factors influencing mental health: Understanding how environmental conditions impact psychological well-being. 2. Psychology's role in environmental conservation: Exploring the application of psychological principles in promoting sustainability.	1. Ethical considerations in psychological research: Ensuring informed consent, confidentiality, and minimal harm. 2. Cultural sensitivity in psychological practice: Providing respectful and effective services across diverse populations.	1. Promoting social justice through psychology: Applying psychological principles to address inequality and promote human rights. 2. Fostering empathy and compassion: Recognizing the importance of emotional understanding in psychological practice and daily life.
			1	Neuroscience and behaviour	1. Sex differences in brain structure and function: Understanding the implications of neurobiological differences for behaviour and cognition. 2. Gender bias in neuroscientific research: Identifying and addressing gender-based assumptions in neuroscience studies.	1. Environmental toxins and neurodevelopment: Examining the impact of pollutants on brain development and behaviour. 2. Neuroplasticity and environmental enrichment: Understanding how environmental experiences shape brain function and behaviour.	1. Ethical considerations in neuroscientific research: Ensuring informed consent, privacy, and responsible use of neurotechnologies. 2. Neuroscientific evidence in legal proceedings: Addressing the ethical implications of using neuroscientific data in court.	1. Neuroscientific basis of moral behavior: Exploring the neural mechanisms underlying empathy, compassion, and altruism. 2. Implications of neuroscientific findings for personal responsibility: Considering how neuroscientific insights impact our understanding of free will and moral agency.
			1	Motivation	1. Gender differences in motivational drivers: Understanding how men and women differ in their motivations and goals. 2. Stereotype threat and motivation: Examining how gender stereotypes impact motivation and performance in various domains.	1. Environmental factors influencing motivation: How surroundings, culture, and socio-economic status impact motivational levels. 2. Motivation for sustainability: Understanding what drives individuals to engage in environmentally friendly behaviors.	1. Ethical considerations in motivating clients: Ensuring autonomy and avoiding manipulation in therapeutic settings. 2. Motivation and informed consent: Ensuring clients understand motivations behind research or treatment.	1. Intrinsic vs. extrinsic motivation and values: Understanding how personal values and interests drive motivation. 2. Motivation and well-being: Exploring how motivation impacts overall life satisfaction and happiness.
			1	Emotion	1. Gender differences in emotional expression: How societal expectations influence emotional display and experience. 2. Emotional labor and gender roles: Understanding how gender roles impact emotional management in personal and professional settings.	1. Environmental factors influencing emotional well-being: How natural and built environments impact emotional states. 2. Emotional connection to nature: Exploring the role of emotions in environmental conservation and sustainability.	1. Ethical considerations in emotional assessment: Ensuring culturally sensitive and unbiased emotional evaluations. 2. Emotional boundaries in therapeutic relationships: Maintaining professional boundaries while empathizing with clients.	1. Emotional intelligence and values: Understanding how emotional awareness and regulation reflect personal values. 2. Cultural values and emotional expression: Recognizing how cultural norms shape emotional experience and expression.

Department of Psychology   B.A. 1

Sr.no	Name of the course	Title of paper	Sem	Name of the unit	Details of cross cutting issues			
					Gender Awareness	**Environment Awareness**	**Professional Ethics**	**Human Value**
1	B.A 1 (2020)	Psychology	2	1.Learning	1. Gender differences in learning styles: How men and women approach learning and processing information. 2. Stereotype threat and learning: How gender stereotypes impact performance and motivation.	1. Environmental factors influencing learning: How noise, lighting, and air quality affect learning outcomes. 2. Sustainable learning practices: How eco-friendly methods and materials impact learning environments.	1. Ethical considerations in learning assessments: Ensuring fair and unbiased evaluations. 2. Confidentiality in learning disabilities: Maintaining privacy when addressing learning challenges.	1. Valuing diversity in learning: Recognizing and embracing individual differences in learning approaches. 2. Empowerment through learning: Fostering autonomy, self-efficacy, and self-directed learning.
			2	2. Memory	1. Gender differences in memory: How men and women process and recall information differently. 2. Memory and trauma in gender-based violence: Understanding the impact of trauma on memory in survivors.	1. Environmental toxins and memory: How exposure to pollutants affects memory and cognitive function. 2. Nature and memory: Exploring the impact of natural environments on memory recall and formation.	1. Ethical considerations in memory research: Ensuring informed consent and confidentiality. 2. Memory manipulation and false memories: Addressing ethical concerns in memory therapy and research.	1. Memory and identity: Understanding the role of memory in shaping personal identity and values. 2. Cultural memory and heritage: Preserving collective memory and cultural heritage for future generations.
			2	3. personality	1. Gender differences in personality traits: How societal expectations influence personality development and expression. 2. Gender bias in personality assessments: Ensuring fairness and avoiding stereotypes in personality evaluations.	1. Environmental influences on personality: How upbringing, culture, and socio-economic status shape personality. 2. Personality and environmental behavior: Understanding how personality traits impact ecological awareness and sustainability.	1. Ethical considerations in personality assessment: Ensuring informed consent and confidentiality. 2. Personality testing and labeling: Avoiding misuses of personality assessments and respecting individual differences.	1. Personality and values development: Understanding how personality shapes and is shaped by personal values. 2. Cultural values and personality expression: Recognizing how cultural norms influence personality traits and expression.
			2	4. Intelligence	1. Gender bias in intelligence testing: How tests may be biased towards masculine norms and disadvantage women. 2. Gender differences in cognitive abilities: Understanding the variations in cognitive strengths between men and women.	1. Environmental factors influencing intelligence: How access to education, nutrition, and healthcare impact cognitive development. 2. Sustainable intelligence: Exploring the relationship between environmental awareness and intelligent behavior.	1. Ethical considerations in intelligence assessment: Ensuring fair and unbiased testing practices. 2. Confidentiality and intelligence testing: Maintaining privacy when sharing test results.	1. Valuing diverse intelligences: Recognizing and appreciating different types of intelligence (e.g., emotional, creative). 2. Intelligence and social responsibility: Understanding the ethical implications of high intelligence and its application.

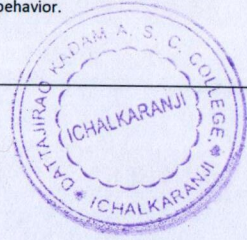Dattajirao Arts, science, commerce college ,Ichalkaranji, Kolhapur.

Paper 3 Living of Psychology**Department of Psychology**   **B.A. 2**

Sr.no	Name of the course	Title of paper	Sem	Name of the unit	Details of cross cutting issues			
					Gender Awareness	**Environment Awareness**	**Professional Ethics**	**Human Value**
1	B.A 2 (2020)	Living of Psychology	3	1. towards better health	1. Gender differences in health behaviors: Understanding how men and women differ in their health habits and outcomes. 2. Gender-based healthcare disparities: Addressing unequal access to healthcare and health outcomes for men and women.	1. Environmental factors influencing physical and mental health: How surroundings, pollution, and climate impact well-being. 2. Healthy environments for well-being: Creating supportive environments for physical and mental health.	1. Ethical considerations in health promotion: Ensuring autonomy, confidentiality, and informed consent in health interventions. 2. Cultural sensitivity in healthcare: Providing respectful and effective services across diverse populations.	1. Values-based healthcare: Understanding how personal values impact health behaviors and decisions. 2. Holistic well-being: Recognizing the interconnectedness of physical, mental, and social health.
			3	2. stress	1. Gender differences in stress experiences: Understanding how men and women differ in their stressors, symptoms, and coping mechanisms. 2. Gender roles and stress: Examining how societal expectations	1. Environmental stressors: How noise, pollution, and climate change impact mental health and well-being. 2. Natural environments and stress reduction: Exploring the role of nature in mitigating stress	1. Ethical considerations in stress assessment: Ensuring culturally sensitive and unbiased stress evaluations. 2. Confidentiality and stress counseling: Maintaining privacy and trust in stress	1. Values-based coping: Understanding how personal values influence stress appraisal and coping strategies. 2. Resilience and post-traumatic growth:
			3	3. understanding mental disorders	1. Gender differences in mental disorder prevalence: Understanding how men and women differ in their risk and experience of mental health conditions. 2. Gender-sensitive diagnosis and treatment: Ensuring that diagnostic criteria and interventions	1. Environmental factors contributing to mental disorders: How social, cultural, and physical environments impact mental health. 2. Access to green spaces and mental health: Exploring the role of natural environments in preventing	1. Ethical considerations in diagnosis and labeling: Avoiding stigma and ensuring accurate diagnosis and treatment planning. 2. Cultural competence in mental health services:	1. Stigma and mental illness: Understanding how societal values and attitudes impact mental health experiences. 2. Recovery and personal growth: Recognizing the potential for individuals to reclaim
			3	4. if you go for help	1. Gender barriers to seeking help: Understanding how societal expectations and gender roles impact men's and women's willingness to seek mental health support. 2. Gender-sensitive help-seeking strategies: Developing approaches that account for gender differences in communication styles and support needs.	1. Environmental factors influencing help-seeking: How social support networks, cultural norms, and physical environments impact willingness to seek help. 2. Access to mental health resources: Examining how environmental factors like location and socioeconomic status impact access to mental health services.	1. Confidentiality and help-seeking: Ensuring privacy and trust in help-seeking processes, particularly in vulnerable populations. 2. Informed consent in help-seeking: Ensuring individuals understand the implications and potential outcomes of seeking help.	1. Stigma and help-seeking: Understanding how societal values and attitudes impact willingness to seek help for mental health concerns. 2. Empowerment through help-seeking: Recognizing the potential for individuals to reclaim control and autonomy through seeking support.

Paper :4   Social PsychologyB.A. 2

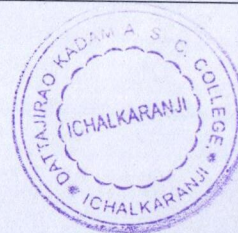| Sr.no	Name of the course	Title of paper	Sem	Name of the unit	Details of cross cutting issues			
					Gender Awareness	**Environment Awareness**	**Professional Ethics**	**Human Value**
1	B.A 2 (2020)	social psychology	3	1. Introduction to social psychology	1. Gender roles and social influence: Understanding how societal expectations shape men's and women's behaviors and attitudes. 2. Gender differences in social perception: Examining how men and women differ in their perceptions of others and themselves.	1. Environmental factors shaping social behavior: How physical and social environments impact human interactions and relationships. 2. Social norms and environmental sustainability: Understanding how social norms influence environmentally responsible behaviors.	1. Ethical considerations in social research: Ensuring informed consent, privacy, and minimal harm in studies of social behavior. 2. Cultural sensitivity in social interventions: Developing interventions that respect and account for diverse cultural backgrounds.	1. Social identity and values: Understanding how group memberships shape personal values and beliefs. 2. Empathy and social connection: Recognizing the importance of empathy in building and maintaining positive social relationships.
			3	2. social perception	1. Gender biases in social perception: Understanding how gender stereotypes and expectations influence our perceptions of others. 2. Gender differences in attributional biases: Examining how men and women differ in their explanations for others' behavior.	1. Environmental cues and social perception: How physical environments impact our impressions and judgments of others. 2. Cultural and social norms in environmental contexts: Understanding how social norms influence our perceptions of environmental issues.	1. Ethical considerations in impression formation: Ensuring fairness and accuracy in forming opinions about others. 2. Avoiding biases in social perception research: Developing methods to minimize biases in studies of social perception.	1. Empathy and understanding in social perception: Recognizing the importance of empathy in accurate and compassionate perception of others. 2. Social responsibility and environmental awareness: Understanding how our perceptions of others impact our environmental behaviors and responsibilities.
			3	3. Self	1. Gender identity and self-concept: Understanding how societal expectations shape men's and women's self-perceptions. 2. Gender differences in self-esteem: Examining how men and women differ in their self-evaluations and confidence.	1. Environmental influences on self-development: How social and physical environments shape our sense of self. 2. Cultural and environmental factors in self-expression: Understanding how cultural norms and environments impact self-presentation.	1. Ethical considerations in self-assessment: Ensuring accuracy and fairness in self-evaluations and feedback. 2. Confidentiality and self-disclosure: Maintaining privacy and trust in therapeutic or research settings.	1. Authenticity and self-awareness: Recognizing the importance of genuine self-awareness and acceptance. 2. Self-acceptance and self-compassion: Understanding the value of treating oneself with kindness and respect.
			3	4. Attitude	1.Gender differences in attitude formation: Understanding how men and women differ in their attitudes and persuasion processes. 2. Gender roles and attitude change: Examining how societal expectations influence men's and women's attitudes and behavior.	1. Environmental influences on attitude development: How social and physical environments shape our attitudes and beliefs. 2. Attitudes towards environmental issues: Understanding how cultural and personal factors impact environmental concern and action.	1. Ethical considerations in attitude measurement: Ensuring fairness and accuracy in assessing attitudes. 2. Avoiding bias in attitude change interventions: Developing strategies to minimize manipulation and ensure informed consent.	1. Values-based attitudes: Understanding how personal values shape our attitudes and behaviors. 2. Attitude flexibility and open-mindedness: Recognizing the importance of considering multiple perspectives and adapting attitudes.

Sr.no	Name of the course	Title of paper	Sem	Name of the unit	Details of cross cutting issues			
					Gender Awareness	Environment Awareness	Professional Ethics	Human Value
1	B.A 2 (2020)	modern social psychology	4	1.Attraction	1. Gender differences in attraction: Understanding how men and women differ in their preferences, behaviors, and experiences of attraction. 2. Gender roles and relationship expectations: Examining how societal expectations influence men's and women's experiences of attraction and relationships.	1. Environmental factors influencing attraction: How social, cultural, and physical environments shape our preferences and experiences of attraction. 2. Sustainable relationships and environmental awareness: Understanding how environmental concerns impact relationship choices and behaviors.	1.Ethical considerations in attraction research: Ensuring informed consent, privacy, and minimal harm in studies of attraction. 2. Avoiding bias in attraction assessments: Developing methods to minimize bias in measuring attraction and relationship satisfaction.	1. Values-based attraction: Understanding how personal values shape our preferences and choices in attraction and relationships. 2. Empathy and compassion in attraction: Recognizing the importance of emotional intelligence and kindness in forming and maintaining healthy relationships.
			4	2. social influence	1. Gender differences in social influence: Understanding how men and women differ in their susceptibility to social influence and influence tactics. 2. Gender roles and social norms: Examining how societal expectations shape men's and women's behaviors and attitudes in group settings.	1. Environmental factors shaping social influence: How physical and social environments impact conformity, compliance, and obedience. 2. Social influence and environmental sustainability: Understanding how social norms and influence impact environmentally responsible behaviors.	1. Ethical considerations in social influence research: Ensuring informed consent, minimal harm, and avoiding manipulation in studies of social influence. 2. Responsible use of social influence in applied settings: Developing guidelines for ethical use of social influence in marketing, education, and healthcare.	1. Autonomy and individuality in social influence: Recognizing the importance of maintaining personal values and independence in group settings. 2. Empathy and understanding in social influence: Understanding how perspective-taking and empathy impact social influence processes and outcomes.
			4	3. pro social behaviour	1. Gender differences in prosocialbehavior: Understanding how men and women differ in their helping behaviors and motivations. 2. Gender roles and caregiving: Examining how societal expectations shape men's and women's roles in caregiving and prosocialbehavior.	1. Environmental factors influencing prosocialbehavior: How physical and social environments impact willingness to help and cooperate. 2. Prosocialbehavior and environmental sustainability: Understanding how helping behaviors impact environmental conservation and sustainability.	1. Ethical considerations in promoting prosocialbehavior: Ensuring informed consent and avoiding manipulation in interventions. 2. Cultural sensitivity in prosocialbehavior research: Developing methods to account for diverse cultural norms and values.	1. Empathy and compassion in prosocialbehavior: Recognizing the importance of emotional intelligence and kindness in helping behaviors. 2. Personal values and prosocialbehavior: Understanding how individual values shape motivations and behaviors in helping others.
			4	4. Aggression	1.Gender differences in aggression: Understanding how men and women differ in their aggressive behaviors, triggers, and motivations. 2. Gender roles and aggressive behavior: Examining how societal expectations shape men's and women's expressions of aggression.	1. Environmental factors contributing to aggression: How physical and social environments, such as crowding, noise, and temperature, impact aggressive behavior. 2. Aggression and environmental degradation: Understanding how environmental concerns and resource scarcity impact aggressive behavior.	1. Ethical considerations in aggression research: Ensuring informed consent, minimal harm, and avoiding manipulation in studies of aggression. 2. Responsible reporting of aggression research: Developing guidelines for accurate and sensitive reporting of aggression research findings.	1. Empathy and understanding in addressing aggression: Recognizing the importance of perspective-taking and compassion in reducing aggressive behavior. 2. Nonviolence and conflict resolution: Understanding how personal values shape motivations and behaviors in resolving conflicts peacefully.

Paper :6   Applied psychology

B.A. 2

Sr.no	Name of the course	Title of paper	Sem	Name of the unit	Details of cross cutting issues			
					Gender Awareness	**Environment Awareness**	**Professional Ethics**	**Human Value**
1	B.A 2 (2020)	Applied psychology	4	1.Personal control and taking charge	1.Gender differences in personal control: Understanding how men and women differ in their perceptions of control and agency. 2. Gender roles and taking charge: Examining how societal expectations shape men's and women's willingness to take charge and lead.	1.Environmental factors influencing personal control: How physical and social environments impact sense of control and empowerment. 2. Taking charge for environmental sustainability: Understanding how personal control and agency impact environmental behaviours and conservation.	1.Ethical considerations in promoting personal control: Ensuring autonomy and informed decision-making in interventions. 2. Cultural sensitivity in taking charge: Developing strategies to account for diverse cultural norms and values.	1. Autonomy and self-determination: Recognizing the importance of personal control and agency in human well-being. 2. Responsibility and accountability: Understanding how taking charge and personal control impact personal growth and development.
			4	2.at work at play	1. Gender roles in work and play: Understanding how societal expectations shape men's and women's experiences and behaviours in work and leisure settings. 2. Work-life balance and gender: Examining how gender impacts the balance between work and personal life, and the consequences for well-being.	1. Environmental impact of work and play: How our work and leisure activities impact the environment, and strategies for sustainability. 2. Access to green spaces and well-being: Understanding how access to natural environments impacts mental health and well-being in work and play.	1. Ethical considerations in workplace psychology: Ensuring fairness, respect, and privacy in workplace interventions and research. 2. Informed consent in leisure activities: Ensuring participants understand risks and benefits in research or interventions involving leisure activities.	1. Meaning and purpose in work and play: Recognizing the importance of aligning work and leisure with personal values and passions. 2. Flow and engagement: Understanding how being fully engaged in work and play impacts well-being and life satisfaction.
			4	3.meeting people, making friends	1. Gender differences in friendship formation: Understanding how men and women differ in their approaches to making friends and maintaining relationships. 2. Gender roles and social connections: Examining how societal expectations shape men's and women's social connections and friendships.	1. Environmental factors influencing social connections: How physical and social environments impact opportunities for meeting people and forming friendships. 2. Sustainable social connections: Understanding how technology and social media impact face-to-face interactions and community building.	1. Ethical considerations in social skills training: Ensuring respect, inclusivity, and confidentiality in training programs. 2. Cultural sensitivity in friendship research: Developing methods to account for diverse cultural norms and values in studies of friendship.	1. Empathy and understanding in building friendships: Recognizing the importance of emotional intelligence and compassion in forming and maintaining friendships. 2. Authenticity and vulnerability: Understanding how being genuine and open impacts the quality and depth of social connections.
			4	4 love and commitment	1. Gender roles in love and commitment 2. Gender differences in attachment styles	1. Environmental factors influencing relationship quality 2. Sustainable relationships and environmental awareness	1. Ethical considerations in couples therapy 2. Cultural sensitivity in love and commitment research	1. Empathy and compassion in love and commitment 2. Autonomy and interdependence in relationships